WHAT TO EXPECT AFTER UVULECTOMY

It is normal to have moderate pain for the first few days following the procedure. You will be given a prescription for pain medication the day of your procedure. Throat pain and/or irritation are common during healing, and may be relieved by ice, cool liquids, and soft foods along with your medication. Spicy, hard, and hot foods and beverages should be avoided the first few days after the procedure for your own comfort during healing. The procedure site may appear white, or have rough edges and minor swelling for the first week or so. This is caused by scabbing, and should resolve on its own. Swallowing may feel difficult for a few hours, until the local anesthetic wears off.

CONTACT OUR OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING SYMPTOMS:

- Fever of 101 degrees or higher
- Persistent bleeding from procedure site
- Difficulty breathing

Note: This sheet is not specific to you or your child, but provides general information. If you have any additional questions, please call Paparella Ear Head & Neck Institute at 612-339-2836.